



# **RESILIENS**

## Join the social and ecological transition!









"Social change comes through people."

Paul Watson, environmental activist

### **INFOPACK**

15<sup>th</sup> to 22<sup>nd</sup> JUNE 2022
GITES DE FRANCK 81087 FAYSSAC - OCCITANIE, FRANCE













### **SUMMARY OF THE PROJECT**





In the face of **climate change** and of a **major ecological crisis**, numerous academic studies are calling for **drastic change** in the way we live, produce and consume if we want our societies to be sustainable. The idea that an **ecological transition** is needed in the short term is shared by a growing number of people and receives increasing media coverage.

Simultaneously, there is a **crisis of inequality**, at any scale we look at. How can we take into account social inequalities in our plans so that our efforts to change will lead to both a more sustainable and fairer society?

Putting ideas into practice isn't easy! In the face of such serious and huge issues, along with institutional inertia, we are many to lose faith or to identify **realistic solutions** to meet the challenge.

The RESILIENS training course aims at providing you knowledge and tools to better understand the **issues** at stake, point out the difficulties we face to take action and envision ways to make a move towards a fairer and more sustainable society.

The course has been designed in order to provide you **new perspectives** on the **social ecological transition**. By the end of the week, we hope you will have made a step forward in your perception of the topics we addressed and gain **knowledge** and **inspiration** to define **ways to act** accordingly with your beliefs and values.

In practice, the training course will be held in a rural cottage in South-west France and will gather **30 participants**, coming from France, Spain, Greece, Hungary, Germany and Estonia.

Switching between theory and practice and using a diverse range of methods, we will invite you to put your own life-path, believes and behaviors into perspective, compare and contrast your points of view, go through a critical analysis of different concepts, field-test some ideas introduced during the course, learn from the experience of others and investigate practical ways to work towards more inclusive and sustainable societies.

#### PREVISIONAL PROGRAM

Important: Be aware modifications can occur

#### DAY 1 - 15/06/2022

Reaching the venue. Breaking the ice.

#### DAY 2: 16/06/2022

Getting to know each other, setting up our framework. What brought us here? What could be a desirable future? What does the social and ecological transition mean?

#### DAY 3: 17/06/2022

What's going on for the Climate and for the environment?

#### DAY 4: 18/06/2022

Why and how can we address social inequalities in our projects of ecological transition?

How can we take action ? Envisioning various strategies, sharing our feelings, experience and knowledge.

#### DAY 5 & 6: 19/06 and 20/06/2022

Getting inspired, discovering a set of social and ecological projects from the area.

#### DAY 7: 21/06/2022

Where to start ? How can we get involved back home ?

#### DAY 8: 22/06/2022

Assessing the training course and our learning achievements. Tidying up the venue and departure.

