

# TRANSITIONING BY TRAVELLING

AN EUROPEAN SEMINAR TO QUESTION THE POTENTIAL OF TRAVELLING IN TERMS OF PEOPLE'S EMPOWERMENT AND PROMOTION OF SOCIAL CHANGE



An European seminar in the frame of Erasmus+ - Youth Program

**DOMAINE DE MATENS 81 600 GAILLAC - OCCITANIE, FRANCE**

**FEBRUARY, THE 27<sup>TH</sup> TO MARCH, THE 5<sup>TH</sup> 2018**



**Association VIA BRACHY : Voyages Interculturels Solidarité Autoformation**  
3, Place des Avions - 31 400 Toulouse – France - [www.viabrachy.org](http://www.viabrachy.org)

# PROJECT'S SUMMARY

*Travelling is a stepping stone for the imagination that feeds each of us, and proposes, not only the unexpected of others, but also of oneself."*

Bernard Giraudeau

In the tense economic and social context in Europe, and at a time we are facing the issues of climatic change and globalization, it is becoming more and more important for people and social organizations to **learn how to learn** and **to adapt** to new situations.

Many individuals, civil society organizations and social workers are gaining confidence in the potential of learning mobility projects to meet the challenge. They look at them as a **stepping-stone** for their **personal and professional development** as well as an opportunity to gain knowledge to design **innovative social projects** that can address the current economic, social and ecological issues at stake.

In order to turn this potential into concrete results, we believe the civil society organizations that design and implement the mobility projects they are looking for need to **broaden their skillset**.

With this in mind, the "Transitioning by Travelling" seminar gathered 31 youth workers, educators and social entrepreneurs from 9 EU countries (France, Greece, Italy, Germany, Portugal, Spain, Hungary, Slovakia and Croatia) in order for them to **share their experience** and **good practices** and to **enlarge their teaching/learning toolset** regarding **supporting** their target groups in their attempts to reach personal autonomy and foster social transformation.

The seminar took place in Gaillac, south-West France from 27th Feb. to 5th March 2018.

For a week, the participants were immersed in a supportive learning environment. They shared methods and tools, and benefited from the inputs of experienced trainers, educators and social workers. They pointed out the **processes underlying learning mobility projects** and determined their **impacts**, both on an individual and at social scale. A specific attention was paid to young people with fewer opportunities and to vulnerable people.

This document is an attempt to share our experience, hoping it will fit your requirements.

Wish you a nice reading!  
Via Brachy's team



## Tuesday, February 27<sup>th</sup>

Opening session: Get to know each other, defining learning goals

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**AM:** Departure from Toulouse - Welcoming at *Domaine de Matens* (Gaillac). Lunch. Presentation of the venue, the facilitation team and the frame of the seminar (content, program, facilitation method).

**PM:** Get to know each other activities.

Reflect on what drives us here - Share our motivations and learning objectives with each other.

**Diner** - Self-managed evening at the *Domaine de Matens*

## Wednesday, February 28<sup>th</sup>

Overview of the partner's approach of Learning Mobility projects  
Introduction to the "Self-training through Travelling" approach and method

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**AM:** Energizer, Today's menu and introduction to the Expression Box.

**Presentation of the partner organizations and how they deal with "Mobility Projects".**

**Reflection on the concept of "Travelling"** and the way it can impact people (educative dimension).

**PM:** Energizer

**Theoretical introduction to the "Self-training" approach.**

**Implementation of a tool to explore one's path of life and experiences** ("*The River of life*").

Introspection / Self-reflection on the day

**Diner** – "8 o'clock News" - Self-managed evening at the *Domaine de Matens*.

## Thursday, March 1<sup>st</sup>

Learning to Learn

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**AM:** Energizer, Today's menu.

**Identifying one's predominant Learning Style.**

**PM:** Energizer

**Understanding one's own Learning Strategies** (Practical exercises)

Debriefing – **Metacognition exercise**

**Dinner** - "8 o'clock News" - Self-managed evening at the *Domaine de Matens*.

## Friday, March 2<sup>nd</sup>

Supporting people in their learning process,  
Adapting one's support to young people with fewer opportunities

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**AM:** Linguistic animation - Today's menu.

**Pin out what is preventing people to learn, what fosters motivation and what are the facilitating elements for a successful support of learners.**

**PM:** Energizer

**Supporting young people with fewer opportunities within a mobility project**

Definition of the target group's profile and specific needs; Exchange of good practices.

Sharing circle – Mid-term evaluation

**Dinner** - "8 o'clock News" – Self-managed evening at the *Domaine de Matens*.

## Saturday, March 3<sup>rd</sup>

Understanding the different types of knowledge and related concepts - Setting personal learning objectives  
Experiencing the “Carnet de Bal”, a tool to put our knowledge together and cultivate the will to share it

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**AM:** Energizer & Today’s menu.

**Definition of key concepts around “knowledge”** (theoretical inputs)

**Listing your knowledge and know-hows ; Setting personal learning goals** (practical exercises).

**Experiencing the “Carnet de Bal”, a tool to put our knowledge together and encourage the will to share it** (practical exercise).

**PM:** Self-managed afternoon, sharing between participants, building on what emerged during the morning session.

Debriefing - **Metacognition**.

**Dinner** - “8 o’clock News” – Self-managed evening at the *Domaine de Matens*.

## Sunday, March 4<sup>th</sup>

Including people with disabilities and people coming from isolated areas into a mobility project  
Assessing one’s learning achievements

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**AM:** Energizer & Today’s menu.

**Including people with disabilities and people coming from isolated rural areas in Learning Mobility Projects** (Testimony - Experience sharing).

**PM:** Energizer

**Assessing your learning achievements and the room for improvement after a mobility** in order to grow and get empowered (Practical exercise).

**Dinner** - **Festive night** at the *Domaine de Matens*.

## Monday, March 5<sup>th</sup>

Defining the next steps

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**AM:** Energizer.

**Sharing contacts for potential cooperation** in 2018/2019. **Closing Round**

Tidying up the venue.

**PM:** Departure for Toulouse. Friendly evening at a local brewery of Toulouse with the participants.