



Co-funded by the
Erasmus+ Programme
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HETEROTOPIA TOUR 2019

OCCITANIE, FRANCE

FROM JULY, 9TH TO JULY, 25TH 2019

An uncommon journey of social innovation and sustainable pathways



ACTIVITY PROGRAM



Association VIA BRACHY: Voyages Interculturels Solidarité Autoformation

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PROGRAM AND VENUES

The Heterotopia Tour 2019 will take place in South-West France (Occitanie) from **July, the 9th to the 25th** 2019 (included). It will include 3 main stages:

- From July, the 9th to the 16th : St-Sever-du-Moustier (Aveyron) ;
- From July, the 16th to the 22nd: Ambres (Tarn)
- From July, the 22nd to the 25th: Belberaud and Toulouse (Haute-Garonne).

Etape #3:
Du 22/07 au
26/07/2019
BELBERAUD /
TOULOUSE





Etape #1: Du 09/07 au 16/07/2019
SAINT-SEVER-DU-MOUSTIER / SAINT
AFFRIQUE




Etape #2: Du 16/07 au
22/07/2019

AMBRES / LAVAUR




Monday 8th July

Arrival of the international participants. Friendly welcome from Via Brachy's members and volunteers. Overnight stay in Toulouse at hosts.

Tuesday 9th July

(AM) Friendly welcoming session at Via Brachy's office (*L'Envolée*) in Toulouse.

Journey from Toulouse to Saint-Sever-du-Moustier (2 hours driving).

Lunch break

(PM) The facilitation team introduces themselves.

Short presentation of the hosting organization: the association "Les Nouveaux Troubadours" (www.lesnouveauxtroubadours.fr) and of the venue.

Setting up the basics of the eco-camp. Getting accustomed to the logistics and the organizational framework.

(Evening) Getting to know each other activities. 1st collective cooking workshop & friendly evening gathering.

Wednesday 10th July

(AM) Reminder of the training's objectives, spirit and progress (program).

Reflecting on and sharing our expectations, fears, motivations, learning objectives and personal challenges regarding the Heterotopia Tour. Highlighting the potentials it offers to each of us.

Lunch break

(PM) Team-building activity.

Defining what "living together" means and what it requires from each of us.

Figuring out what situation we are aiming for (objectives), what can impede our progress and what can be done to make it easier. Laying out the founding principles for community living.

Assessing the day: Meta-review & Family groups.

(Evening) Getting to know each other activities.

Thursday 11th July

(AM) Energizer

Comprehensive presentation of “*Les Nouveaux Troubadours*”, a multi-dimensional project combining art, culture, craftsmanship and education in a remote rural area.

Lunch break

(PM) Energizer.

Building furnitures using recovered wood and material to prepare the *Bartas Festival*.

Assessing the day: Meta-review & Family groups.

(Evening) Self-managed friendly evening.

Friday 12th July

(AM) Energizer

Theoretical introduction to the concept of “ecological footprint”.

Simulation exercise to come up with creative solutions to reduce our daily life footprint.

Presentation on how the Tour addresses ecological issues, followed by a debate.

Lunch break

(PM) Energizer.

Giving a hand to the partners to install the equipment and prepare the venue for the *Bartas Festival*.

Sharing our experiences and points of view regarding social innovation: film screening of several short clips from the HETERO TOPIES documentary by the Greek cooperative CINERGIES, testimonies and debate.

(Evening) Enjoying the *Bartas Festival*: live concerts, performances and art shows.

Saturday 13th July

(AM) Energizer

Giving a hand to the partners for the Festival: Catering and logistical support.

Lunch break

(PM) Energizer.

Experiencing the *Bartas Festival*: Guided visit of the *Unusual Building* and of the *Outsider arts museum*, presentation of the local blacksmith shop, “unusual walk” in the village...

Assessing the day: Meta-review & Family groups.

(Evening) Enjoying the *Bartas Festival*: live concerts, performances and art shows.

Sunday 14th July

(AM): Free morning: Sleep, walk, stretch, take a breather...

Lunch break

(PM): Expression of the participants' feelings (Sharing circle).

Evaluation of the first step.

Reflecting on the personal challenges we want to meet during the Tour.

(Evening): Friendly self-managed evening gathering on site.

Monday 15th July

(AM) Journey from Saint-Sever-du-Moustier to Saint-Affrique (1 hour).

Presentation of the venue: *Le Hameau de Vispens*, a self-organized organic community farm.

Practical activities on the field: eco-farming & eco-building.

Shared meal with the hosts.

Practical activities on the field: eco-farming & eco-building.

Collectively assessing the day. Trip back from Saint-Affrique to St-Sever-du-Moustier (1 hour)

(Evening) Lighthearted evening with the people from *Les Nouveaux Troubadours*.

Tuesday 16th July

(AM) Packing up. Last sharing session with the people from *Les Nouveaux Troubadours*.

Journey from St-Sever-du-Moustier to Ambres (1h45')

(PM) Welcoming session in Manelphe. Shared meal with the hosts (Moroccan dish).

Setting up the eco-camp in *Manelphe*, an emerging community farm and cultural center in the countryside surrounding a middle-sized town (Lavaur, Tarn).

Visit of the venue. Presentation of the equipments. Getting comfortable with the logistics and organizational framework. Defining a frame for community living.

Debriefing of the day: Family groups.

(Evening) Collective cooking workshop. Convivial evening with Manelphe's inhabitants.

Wednesday 17th July

(AM) Energizer.

Comprehensive presentation of the project of "*Manelphe*" (<https://www.lesateliersdumonde.com/manelphe>): history, objectives, scope of action, activities, achievements to this date, perspectives. Focus on the main issues encountered regarding renewing the building, creating the community and earning a living.

Shared meal with the hosts.

(PM) Exploring the issues at stake when investing time and money in a project such as *Manelphe*.

Reflecting on the issues encountered when seeking horizontality in the way a group interacts.

Assessing the day: Meta-review & Family groups.

(Evening) Self-managed evening at Manelphe.

Thursday 18th July

(AM) Giving a hand to the hosting organization: Eco-building and eco-farming activities in Manelphe.

Shared meal with the hosts. Siesta / Free time.

(PM) Self-managed afternoon: Exchanging knowledge, exploring the surroundings, etc.

Assessing the day: Meta-review & Family groups.

(Evening) Self-managed evening in Manelphe.

Friday 19th July

(AM) Eco-building and eco-farming activities at Manelphe (participants are divided in groups):

Shared meal with the hosts. Siesta / Free time.

(PM) Self-managed afternoon: Exchanging knowledge, walking the surroundings, etc.

(Evening) Self-managed evening at Manelphe.

Saturday 20th July

(AM) Energizer.

Exploring the issue of intercultural dialogue and living together. Theoretical introduction to key concepts (culture, identity, otherness, prejudice, etc.). Reflecting on our behaviors and ways to interact with others (part 1).

Lunch break (blind-folded meal)

(PM) Reconsidering our behaviors and the ways we interact with others (part 2).

Highlighting the struggles of community living and working together within a diverse group.

Assessment of the day: Meta-review & Family groups.

(Evening) Self-managed evening at Manelphe.

Sunday 21st July

(AM) Examining the meaning of Citizenship, highlighting its origins and implications for the individuals and for the community. Open discussion on Civil disobedience.

Lunch break

(PM) Critical analysis of the proximity that exists between the private and collective spheres in community projects (especially when they combine living and working together): issues at stake, risks and limits.

(Late-afternoon and evening) Festive evening at *Manelphe* with local partners, supporters, neighbors and inhabitants: Presentation of the Tour's objectives and framework. Shared meal – Barbecue. Screening of a set of short movies giving exposure to several alternative projects, from the Greek cooperative CINERGIES (www.heterotopies.net) and discussion. Open stage / Music Jam session.

Monday 22nd July

(AM) Sleeping in morning (free until 11:30).

Stretching - Expression of participants' feelings and evaluation of the second step.

Lunch break

(PM) Packing up. Last sharing session with Manelphe's inhabitants. Journey to Belberaud (1 hour)

Setting up of the eco-camp at *Le 100ème Singe*, an emerging community farm and co-working place dedicated to social economy in the surroundings of Toulouse (<https://le100esinge.com/>).

Visit of the venue. Presentation of the equipment. Taking care of the logistics and organizational framework. creating a framework for community living.

(Evening) Collective cooking workshop. Cheerful evening with the hosts.

Tuesday 23rd July

(AM) Welcoming session. Practical activities on the field (eco-farming) alongside young farmers undergoing a career change and currently gathering practical experience at *Le Centième Singe*.

Lunch break

(PM) General presentation of *Le 100ème Singe* (a multidimensional project including a co-working space for social entrepreneurs, a "test plot" for young organic farmers and a community housing project).

Open discussion on the challenges of peri-urban agriculture, on the opportunities agriculture offers for young people and on the current emerging needs in the rural areas surrounding big cities.

Debriefing of the day: Meta-review and Family groups.

(Evening) Self-managed evening at *Le Centième Singe*.

Wednesday 24th July

(AM) Transportation to Toulouse (30 minutes)

Alternative treasure hunt in Toulouse (part 1).

Self-managed lunch break.

(PM) Alternative treasure hunt in Toulouse (part 2).

Late afternoon: Back to Belberaud (*Le 100ème Singe*): Sharing what we discovered.

Debriefing of the day.

(Evening) Self-managed evening at *Le Centième Singe*.

Thursday 25th July

(AM) Comprehensive evaluation of the Tour.

Sharing circle + Personal evaluation of the skills acquired / strengthened (in terms of knowledge, know-how, social and soft skills...)

Lunch break / "No-waste meal"

Packing up. Departure for Toulouse (30').

Late afternoon / Evening: Celebration / Grand Finale Party including a public restitution of the Tour and a concert (local stage) at the cooperative café *L'Astronef* (.).

Overnight stay at hosts in Toulouse.

Friday 26th July

Departure of the international participants.

Sorting and cleaning the Tour's equipment. Final farewell gathering.